

Care & Love

In order for lives to flourish and churches to be safe places for all, including those who would be most adversely affected by infection or isolation, -

 the priest will wash hands thoroughly before the service and use gel before touching the bread - out of care and love for one another



 we share the Peace and say good-bye without shaking hands or touching - out of care and love for one another



 we receive communion standing, if possible, in order not to touch the communion rail with our hands - out of care and love for one another



 we receive the bread only (which gives us all the benefits of the sacrament even without the wine) out of care and love for one another



 we stay at home if we have a cough and a temperature, even if we have promised to do a job
out of care and love for one another



 we will keep in touch with people and are planning to resource them practically and spiritually if they are self-isolating or sick out of care and love for one another



 we shall not let our lives be dominated by fear or panic but by care and love for one another.



Gracious God, you call us to fullness of life: deliver us from fear and banish our anxieties with the liberating love of Jesus Christ our Lord. Amen.



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