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Did you begin your New Year making Resolutions – promises to yourself to change something in your life such as being good at tidying your bedroom, or perhaps helping in other ways at home? It's not too late to make your resolutions.



To help you remember what you promise to try to do, you could make yourself a chart to put on your wall or stand on a cupboard. To make the owl in the picture take an A4 sheet of coloured paper, lay it down with the long edges top and bottom. Fold the two short edges into the middle then draw on or cut out eyes, beak, wings, ears and feet and stick them on the card as shown. Open the sheet out and cut a piece of plain paper to fit in the middle on which to write down your resolutions

What will you write? *Brush my teeth every day. Try eating something new. Pick up my toys. Take care of my pets.*  
What do you think Jesus would like you to promise?  
*Help someone else. Do something for the environment. Read a Bible story. Say my prayers. You could fill in and cut out the chart on the next page and make it the centre of your owl.* There will be many other things you can think of to try to do more often.



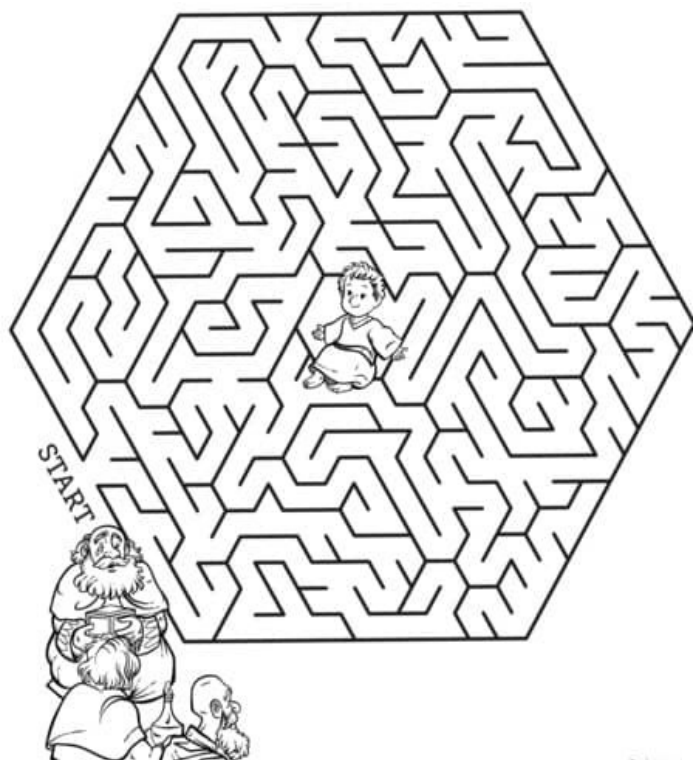
Did you think Christmas ended on Boxing Day? Well, for many people a very important date in the Christmas calendar is January 6<sup>th</sup>. This is Epiphany, the moment when the baby Jesus was visited by the Magi (also called the three Kings or the Wise Men). The travellers offered him their gifts – GOLD, FRANKINCENSE and MYRRH - not your usual gifts for a child but in recognition that they knew Jesus was to be someone very special.

In some countries presents are not given out until this day and in some churches there will be processions of people, adults or children, dressed as the Magi, wearing crowns and carrying stars.



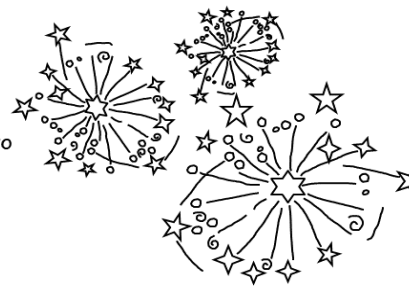
**Gold:** the most precious of metals and therefore an appropriate gift for a king.  
**Frankincense:** this is a sweet smelling gum obtained from the frankincense tree. It was used in ancient times in worship (and is still used today in incense).  
**Myrrh** is a resin from a tree which grows in Arabia and India. It too has a pleasant smell. It is sometimes used in the oil used at baptism to mark a cross on the forehead.

A last reminder that our Christmas gifts are a reminder of those men who travelled from countries far away to give gifts to Jesus.



## New Years Word Ladder

Make your way from FIRE to WORK by changing just one letter on each step to make a new word! There are 6 steps in this word ladder.



F I R E

Made up of flames.

Without hope.

Having courage to do something.

I took \_\_\_\_\_ of my sick friend.

Seeds are in the apple \_\_\_\_\_.

An item used to seal a bottle.

W O R K

Completing tasks.

*Colour the picture to remind you that God gives us new chances to be a better person*

**My New Year's Resolutions**

Name:

Age:

I want to learn:

Year:

I will pray for:

I want to be better at:

I will help my family by:

I want to GO to:

*Faith*

